



## School Based Health Center - Behavioral Health Intern

### **Program:**

Family Centers School Based Health Centers (SBHC) are free-standing, federally qualified medical centers located in 8 middle and high schools in Stamford and Greenwich. SBHCs are open to all students where a clinic is located, regardless of income or health care coverage. SBHCs operate much like a small doctor's office does; our medical team works closely with the school nurse and is available during the school day to assist students with basic sick visits, physicals, immunizations, and more. We have Mental Health Clinicians to provide individual and/or group therapy to students, as well as to families who may be struggling with their child's behavior or mood.

Clinical services benefit the school community by offering:

- Increased access to behavioral health services
- Greater support for students in crisis or transition
- Enhanced family engagement) and community resource linkage

### **Supervisor:**

LCSW

### **Intern Responsibilities:**

Responsibilities would be aligned with the intern's academic program, skill level, and university requirements, and may include:

- Individual and small-group counseling sessions
- Co-facilitation of Social Emotional Learning (SEL) and coping skills groups
- Crisis intervention support
- Collaboration with teachers, families, and community providers
- Assistance with case management, referrals, and documentation

### **Intern Requirements:**

- Second year/Specialist MSW or MHC student
- Full Time Intern (16 - 21 hours, depending on school program)
- Full year intern (September-June)
- Commitment to working clinically with adolescents in a school setting
- Bilingual is a plus but not required.