

Family Centers Inc.**Meeting of Board of Directors and Trustees****February 10, 2026 (Facilitated in Person and Virtually Via Zoom)****DIRECTORS PRESENT:** Carl Goodnow, Nisha Hurst, Arlene Mark, Nicki Rose, John Straus, David Van Dyke, Rob Vendig**TRUSTEES PRESENT:** David Ball, Monique Cunningham, Ashley Fox, Bri Hart, Ashley Reid, Abby Ritman, Meredith Pyne, Claiborne Swanson-Frank, Susan Yonce**STAFF PRESENT:** Ramin Ahmadi, Marion Beale, Bill Brucker, Jennifer Gilbert, Lisa Henderson, Louis Josephson, John Midy, Leslie Sexer, Tyler Shanafelt, Yenny Toone, Dennis Torres, Jim Vivier, Johnathan Zimmerman

TOPIC		ACTION	OUTCOME
Minutes Approval	Board Vice Chair Nisha Hurst welcomed everyone and asked if there were any corrections to the minutes emailed to Directors and Trustees prior to the meeting. Having no corrections or edits offered, Nisha Hurst requested a motion to approve the minutes from the Board meeting held on January 13th, 2026.	Motion to approve made by Ashley Reid, Seconded by John Straus.	Approved unanimously
Revised Employee Handbook Approval	Board Vice Chair Nisha Hurst then called for a motion to approve the revised employee handbook after reading the revised passage aloud: <i>Consideration for salary increases and bonuses may be based upon a promotion, recognition, change in position with a significant increase in duties and responsibilities, attainment of a credential that warrants different salary level, or upon a performance evaluation that supports an increase or bonus. Given the nature of our work and funding structure, increases are also contingent on availability of financial resources for this purpose.</i>	Motion to approve made by David Van Dyke, Seconded by John Straus.	Approved unanimously
Program Presentation (FCHC – Holly Hill Site)	Chief Health Officer Dennis Torres, Medical Director Dr. Ramin Ahmadi, Director of Family Centers Health Care John Midy, APP Clinical Manager Lisa Henderson, Nurse Practitioner Jennifer Gilbert, and Dr. Johnathan Zimmerman presented a look back on the 75 Holly Hill clinic's first year.	n/a	
Health Care Connections Report	Health Care Connections Committee Chair David Van Dyke provided an overview of the past month's happenings within the Health Care Connections programs (see HCC report). After questions and a lively discussion on the items contained within the report, David called for a motion to approve the following reports: • FCHC Medical/Dental • SBHC Medical, Mental Health, and Dental	Motion to approve made by John Straus, seconded by	Approved unanimously

	• FCHC Mental Health • FCHC Enrollment, Administration and Outreach • FCHC QA/QI/Compliance • December Clinical Quality Report • Q4 2025 Quality Measures Report • Q4 2025 Infection Control Report Card • 2026 QA QI Calendar and Activities Plan • 2026 Clinical Quality Targets Proposal • Q4 Risk Management Report • The Employee Health updates part of the staffing manual – addressing the COVID, Flu, and PPD requirements for employees. • Patient Safety and Risk Management Plan • 2026 Updated Federal Poverty Levels (Sliding Scale)	Mereith Pyne.	
Education and Human Services Repot	Education and Human Services Committee Co-Chair Rob Vendig presented the Education and Human Services report to the board.	n/a	
Development Report	Chief Advancement Officer Bill Brucker presented the Development Report, which provided an update of recent grants received, proposals in process, upcoming events and communications/marketing initiatives.	n/a	
Treasurer's Report	Treasurer John Straus presented the Treasurer's report. After a robust board discussion and questions answered, Board Vice Chair Nisha Hurst called for a motion to approve the Treasurer's Report including: • The Financial Report Dated December 31, 2025. • The FQHC Financials Dated December 31, 2025.	Motion to approve made by John Straus, seconded by Meredith Pyne.	Approved unanimously
Investment Report	Investment Committee Chair David Tuttle presented the Treasurer's and Investment Reports. After questions answered, Board Vice Chair Nisha Hurst called for a motion to approve the Treasurer's Report including: • The Investment Report dated December 31, 2025	Motion to approve made by John Straus, seconded by David Van Dyke.	
CEO Report	CEO Louis Josephson started his report by recapping the strategic planning retreat that took place on February 5th. The next step is to come up with a plan and create goals and objectives. A steering		

	committee consisting of the Executive Team and Vice Chair Nisha Hurst has been created to develop the draft of the plan. Once it's created, the plan will be presented to the Board for approval. He then transitioned to talking about the changes in qualifying for Medicaid. Those receiving benefits now need to reapply every six months. The other new requirement focuses on people having to prove any disabilities or comply with work or volunteer requirements. The mayor of Stamford and the CEO of Stamford Hospital has assembled a task force, which he is a part of, and there will be a plan implemented to address the issues caused by these new requirements. Our organization has a great reputation and there is a desire to have some of our leadership take part in several of the subcommittees that will be formed. He finished his report by stating that a CFO finalist has been identified and an verbal offer has been made. There will be one final interview with Treasurer John Straus and Assistant Treasurer Mike McKeever. This candidate was identified by a national search firm and hopefully there will be an announcement later in the day.		
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Respectfully Submitted,

Meredith Pyne
Secretary

Date Minutes Accepted:

Signature:_____